Week 2 Menu

	January 18, 2026	January 19, 2026	January 20, 2026	January 21, 2026	January 22, 2026	January 23, 2026	January 24, 2026
	Sunday Breakfast	**Monday Breakfast**	**Tuesday Breakfast**	**Wednesday Breakfast**	**Thursday Breakfast**	**Friday Breakfast**	**Saturday Breakfast**
BREAKFAST	Choice of Juice Blueberry Pancakes Scrambled Eggs Turkey Sausage Link Milk Coffee	Choice of Juice Egg & Cheese on Wheat Muffin Sauteed Breakfat Potatoese Total Cereal Pears Milk Coffee	Choice of Juice Scrambled Egg Crispy Hashbrown Maple Apple Oatmeal Milk Coffee	Choice of Juice Scrambled Eggs Biscuit with Gravy Banana Milk Coffee	Choice of Juice Denver Scramble Sauteed Breakfast Potatoes Orange Cranberry Muffin Total Cereal Diced Pears Milk Coffee	Choice of Juice Scrambled Eggs Waffles w/ Blueberry Compote Turkey Susage Links Milk Coffee	Choice of Juice Potato Vegetable Skillet Blueberry Muffin Pineapple Milk Coffee
	Alternate pancakes (2) *bacon (2) or sausage (2)*	**Alternate** pancakes (2) *bacon (2) or sausage (2)*	**Alternate** pancakes (2) *bacon (2) or sausage (2)*	**Alternate** pancakes (2) *bacon (2) or sausage (2)*	**Alternate** pancakes (2) *bacon (2) or sausage (2)*	**Alternate** pancakes (2) *bacon (2) or sausage (2)*	**Alternate** pancakes (2) *bacon (2) or sausage (2)*
	Sunday Lunch	**Monday Lunch**	**Tuesday Lunch**	**Wednesday Lunch**	**Thursday Lunch**	**Friday Lunch**	**Saturday Lunch**
LUNCH	**Beef Pot Roast** Sauteed Spinach Mashed Potates Mandarin Orange Sections Carrot Cake w/ Walnuts Milk, Tea	**Baked Chicken** Mashed Sweet Potatoes Seasoned Green Beans Applesauce w/ Cinnamon Brownie Milk, Tea	**Hot Turkey Sandwich** Zucchini w/ Tomato Mash Potatoes Red Seedless Grapes Blueberry Crisp Milk, Tea	**Honey Lime Chicken** Brown Rice Carrots with Herbs Dinner Roll Diced Peaches Banana Parfait Milk, Tea	**Cheeseburger** Lettuce & Tomato Garlic & Herb Roasted Potatoes Garden Green Salad Banana Carrot Cake w/ Walnuts Milk, Tea	**Sweet N' Sour Chicken** White Rice Steamed Broccoli Pineapple Brownie Milk, Tea	**Smothered Beef** Potato Wedge Carrots with Herbs Applesauce with Cinnamon Chocolate Chip Cookie Milk, Tea
	Alternate **Chicken Salad on WW** *Tomato Soup*	**Alternate** *Turkey Burger on Bun* *Chicken Rice Soup*	**Alternate** *Trio salad (egg, chicken, tuna)* *Minestrone Soup*	**Alternate** *Turkey & Swiss Sandwich* *Chicken Noodle Soup*	**Alternate** *Caesar Salad withChicken* *Chunky Potato Soup*	**Alternate** *Turkey Cobb Salad* *Vegetable Rice Soup*	**Alternate** *Almond Grape Chic Salad* *Broccoli Cheddar Soup*
	Sunday Dinner	**Monday Dinner**	**Tuesday Dinner**	**Wednesday Dinner**	**Thursday Dinner**	**Friday Dinner**	**Saturday Dinner**
DINNER	**Roasted Pork Loin** Macaroni and Cheese Zucchini w/ Tomato Dinner Roll Red Seedless Grapes Sugar Cookie Milk, Tea	**Latin Braised Beef** Latin Black Beans Tomato, Spinach, Brown Rice Roasted Tomatoes Diced Peached Vanilla Ice Cream Milk, Tea	**Chicken Alfredo** Fresh Steamed Broccoli Fruit Cup Angel Food Cake w/ Whip Topping Milk, Tea	**Meatloaf** Mashed Potatoes Sheet Pan Ratatouuille Dinner Roll Mandarin Oranges Oatmeal Raisin Cookie Milk, Tea	**Roasted Turkey** Mashed Potatoes Seasoned Green Beans Dinner Roll Red Seedless Grapes Cinnamon Apples Milk, Tea	**Broiled Salmon** Lemon Orzo Sauteeed Vegetable Medley Fruit Cup Vanilla Ice Cream Milk, Tea	**Turkey ala King** Fresh Steamed Broccoli Dinner Roll Angel Food Cake w/ Whipped Topping Milk, Tea
	Alternate *Spinach Salad w/ Turkey* *Tomato Soup*	**Alternate** *Greek Salad w/ Chicken* *Chicken Rice Soup*	**Alternate** *Dijon Roast Beef on Wheat* *Minestrone Soup*	**Alternate** *Egg Salad Sandwich on WW* *Chicken Noodle Soup*	**Alternate** *Tuna Salad on WW* *Chunky Potato Soup*	**Alternate** *Chef Salad* *Vegetable Rice Soup*	**Alternate** *BBQ Chicken Salad* *Broccoli Cheddar Soup*

Name: _____

Room #: _____

Circle Main or Alternate Entree.   Please do not write in additional items.
All therapeutic diets will be modified according to diet restrictions and texture requirements.