

Week 3 Menu

WEEK AT A GLANCE MENU

Providence Everett Medical Center - Pacific Campus

April 27, 2025		April 28, 2025		April 29, 2025		April 30, 2025		May 1, 2025		May 2, 2025		May 3, 2025	
Sunday Breakfast		Monday Breakfast		Tuesday Breakfast		Wednesday Breakfast		Thursday Breakfast		Friday Breakfast		Saturday Breakfast	
Choice of Juice		Choice of Juice		Choice of Juice		Choice of Juice		Choice of Juice		Choice of Juice		Choice of Juice	
Scrambled Egg Banana Pancakes		Scrambled Eggs Mild Picante Salsa		Scrambled Egg Oatmeal with Berries Seasoned Hash Browns		Potato Vegetable Skillet Mild Picante Salsa		Egg & Cheese Biscuit Sandwich		Scrambled Eggs Cinnamon French Toast Turkey Sausage Link		Scrambled Eggs w/ Cheese Sweet Potato Hash Blueberry Muffin Banana	
Turkey Sausage Links		Sauteed Breakfast Potatoes Mandarin Orange Sections		Applesauce		Total Cereal Diced Peaches		Potatoes O'Brien Mild Picante Salsa		Total Cereal		Sweet Potato Hash Blueberry Muffin Banana	
Milk Coffee		Milk Coffee		Milk Coffee		Milk Coffee		Banana Milk Coffee		Milk Coffee		Milk, Tea Coffee	
Alternate pancakes (2) bacon (2) or sausage (2)		Alternate pancakes (2) bacon (2) or sausage (2)		Alternate pancakes (2) bacon (2) or sausage (2)		Alternate pancakes (2) bacon (2) or sausage (2)		Alternate pancakes (2) bacon (2) or sausage (2)		Alternate pancakes (2) bacon (2) or sausage (2)		Alternate pancakes (2) bacon (2) or sausage (2)	
Sunday Lunch		Monday Lunch		Tuesday Lunch		Wednesday Lunch		Thursday Lunch		Friday Lunch		Saturday Lunch	
Baked Ziti w/ Cheese Meat Sauce		Sloppy Joe		Baked Chicken		Lasagna Roll-up w/ Marinara		Braised Beef Spanish Style		Chicken Pot Pie		17 Spice Grill Chicken Honey Mustard Sauce Maple Mashed Sweet Potatoes Creamed Spinach Dinner Roll Fruit Cup	
Fresh Steamed Broccoli Dinner Roll Orange		Garlic Herb Roasted Potatoes Coleslaw		Macaroni and Cheese Sauteed Zucchini		Sheet Pan Ratatouille Dinner Roll		Brown Rice Sauteed Tomatoes with Kale Red Seedless Grapes		Sauteed Zucchini and Squash Pineapple Banana Parfait		Chocolate Ice Cream Milk, Tea	
Angel Food Cake w/ Whip Topping Milk, Tea		Diced Pears Carrot Cake w/ Walnuts Milk, Tea		Red Seedless Grapes Cookie Mousse Milk, Tea		Fruit Cup Chocolate Chip Cookie Milk, Tea		Sugar Cookie Milk, Tea		Milk, Tea		Chocolate Ice Cream Milk, Tea	
Alternate Hot Turkey Sandwich Tomato Soup		Alternate Grilled Chicken Caesar Wrap Chicken Rice Soup		Alternate Asian Chicken Salad Minestrone Soup		Alternate Trio Salad (chicken, egg, tuna) Chicken Noodle Soup		Alternate Turkey & Swiss Sandwich Chunky Potato Soup		Alternate Tuna Salad Sandwich on WW Vegetable Rice Soup		Alternate Almond Chicken Salad Broccoli Cheddar Soup	
Sunday Dinner		Monday Dinner		Tuesday Dinner		Wednesday Dinner		Thursday Dinner		Friday Dinner		Saturday Dinner	
Pork Loin		Chicken Tinga Bowl		Beef Stroganoff		Teriyaki Chicken		Roast Turkey Breast		Dijon Herb Crusted Fish		Cheeseburger Lettuce & Tomato	
Mashed Potatoes Seasoned Green Beans		Red Seedless Grapes		Egg Noodles Fresh Steamed Broccoli Dinner Roll		Brown Fried Rice Carrots with Ginger		Mashed Potatoes Seasoned Green Beans		Lemon Orzo Sauteed Vegetable Medley		Garlic Herb Roasted Potatoes Carrot Sticks	
Banana		Brownie		Fruit Cup Vanilla Ice Cream		Pineapple Angel Food Cake w/ Whipped Topping		Mandarin Orange Sections Vanilla Ice Cream Cup		Red Seedless Grapes Brownies		Fruit Cup Oatmeal Raisin Cookie	
Sugar Cookie Milk, Tea		Milk, Tea		Milk, Tea		Milk, Tea		Milk, Tea		Milk, Tea		Milk, Tea	
Alternate Tuna Salad Sandwich on WW Tomato Soup		Alternate Patty Melt Chicken Rice Soup		Alternate Santa Fe Turkey Wrap Minestrone Soup		Alternate Dijon Roast Beef on WW Chicken Noodle Soup		Alternate Chef Salad Chunky Potato Soup		Alternate Greek Salad w/ Chicken Vegetable Rice Soup		Alternate Turkey Wrap Broccoli Cheddar Soup	

Name: _____ Circle Main or Alternate Entree. Please do not write in additional items.
Room #: _____ All therapeutic diets will be modified according to diet restrictions and texture requirements.