





March 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Activity groups will be held in the 4th Floor dining Rm unless posted otherwise. Activity Schedule is subject to change.	ETCS Activity Calendar Call 425-382- 2709 If you need activity supplies.	1 8:30 Activity Cart 11:00 Exercises / Active Games 2:30 Bingo 4:00 1:1 Visits	2 8:30 Activity Cart 11:30 Devotions 2:30 Remote Control Car Races 5-7 Game Night	3 8:30 Activity Cart 11:00 Corn Hole 2:30 Social Hour & Snack Cart	4 8:30 Activity Cart 11:00 Exercises/ Active Games 2:30 Bingo 4:00 1:1 Visits
5 Activity packets are available at the nurses station on Sundays.	6 8:30 Activity Cart 11:00 Exercises / Active Games 2:30 Bingo	7 8:30 Activity Cart 11:00 Arts/Crafts 2:30 Trivia/Games 4:00 1:1 Visits	8 8:30 Activity Cart 11:00 Exercises / Active Games 2:30 Bingo 4:00 1:1 Visits	9 8:30 Activity Cart 11:30 Devotions 2:30 Music Videos Resident Choice 5-7 Game Night	10 8:30 Activity Cart 11:00 Corn Hole 2:30 Social Hour & Snack Cart	11 8:30 Activity Cart 11:00 Exercises/ Active Games 2:30 Bingo 4:00 1:1 Visits
12 Spring Ahead! 	13 8:30 Activity Cart 11:00 Exercises / Active Games 2:30 Bingo	14 8:30 Activity Cart 11:00 Gardening 2:30 Trivia/Games 4:00 1:1 Visits	15 8:30 Activity Cart 11:00 Exercises / Active Games 2:30 Bingo 4:00 1:1 Visits	16 8:30 Activity Cart 11:30 Devotions 2:30 Music Jam Karaoke! 5-7 Game Night	17 Happy St. Patrick's Day! 11:00 Corn Hole 2:30 St. Patrick's Day Social	18 8:30 Activity Cart 11:00 Exercises/ Active Games 2:30 Bingo 4:00 1:1 Visits
19 Beauty Shop Appointments are available on Sundays Schedule w/ Mary	20 8:30 Activity Cart 11:00 Exercises / Active Games 2:30 Bingo 3:30 Resident Council	21 8:30 Activity Cart 11:00 Arts /Crafts 2:30 Trivia Contest 4:00 1:1 Visits	22 8:30 Activity Cart 11:00 Exercises / Active Games 2:30 Bingo 4:00 1:1 Visits	23 8:30 Activity Cart 11:30 Devotions 2:30 Remote Control Car Races 5-7 Game Night	24 8:30 Activity Cart 11:00 Corn Hole 2:30 Social Hour & Snack Cart	25 8:30 Activity Cart 11:00 Exercises/ Active Games 2:30 Bingo 4:00 1:1 Visits
26 Books, movies newspapers, magazines, and art supplies are available 24/7	27 8:30 Activity Cart 11:00 Exercises / Active Games 2:30 Bingo	28 8:30 Activity Cart 11:00 Gardening 2:30 Trivia/Games 4:00 1:1 Visits	29 8:30 Activity Cart 11:00 Exercises / Active Games 2:30 Bingo 4:00 1:1 Visits	30 8:30 Activity Cart 11:30 Devotions 2:30 Travel Film Ireland 5-7 Game Night	31 8:30 Activity Cart 11:00 Corn Hole 2:30 Social Hour & Snack Cart	