









November 2022



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|---|---|---|---|---|
|  | Activities are held in the 4th Floor dining room unless otherwise posted . | 1 10:30 Gardening 2:30 Social Hour & Trivia | 2 9:30 Activity Visits 11:00 Exercises / Active Games 2:30 Bingo | 3 11:30 Devotions 2:45 Nature video & snacks | 4 11:00 Exercises / Active Games 3:00 Activity Snack Cart | 5 Newspapers & Activity packets are available at the nurses station on the weekends |
| 6 Beauty Shop Appointments are available on Sundays Schedule w/ Mary | 7 11:00 Exercises / Active Games 2:30 Bingo | 8 Election Day 10:30 Fall Crafts 2:30 Social Hour & Trivia | 9 9:30 Activity Visits 11:00 Exercises / Active Games 2:30 Bingo | 10 11:30 Devotions 2:30 Educational Film & snacks | 11 Happy Veterans' Day! 11:00 Exercises 2: 30 Veteran's Day Pie Social !! |  |
| 13  | 14 11:00 Exercises / Active Games 2:30 Bingo | 15 10:30 Gardening 2:30 Social Hour & Trivia | 16 9:30 Activity Visits 11:00 Exercises / Active Games 2:30 Bingo | 17 11:30 Devotions 2:30 Travel Film & Snacks | 18 11:00 Exercises / Active Games 3:00 Activity Snack Cart | 19 Newspapers & Activity packets are available at the nurses station on the weekends |
| 20 Newspapers & Activity packets are available at the nurses station on the weekends | 21 11:00 Exercises / Active Games 2:30 Bingo | 22 10:30 Fall Crafts 2:30 Holiday Social ! | 23 9:30 Activity Visits 11:00 Exercises / Active Games 2:30 Bingo | 24 Happy Thanksgiving!!  | 25 Newspapers & Activity packets are available at the nurses station. | 26 Call Mary at 425-382- 2709 If you need activity supplies. |
| 27  | 28 11:00 Exercises / Active Games 2:30 Bingo | 29 10:30 Crafts 2:30 Resident Council | 30 9:30 Activity Visits 11:00 Exercises / Active Games 2:30 Bingo | Pastoral Visits Rev. Todd Wright. Call Mary or Nurse to schedule. | Books, movies newspapers, magazines, and art supplies are available 24/7 |  |